After encountering a dying pilgrim on a climbing trip in the Himalayas, a businessman ponders the differences between individual and corporate ethics

It was early in the morning before the sun rose, which gave them time to climb the treacherous slope to the pass at 18,000 feet before the ice steps melted. They were also concerned about their stamina and altitude sickness, and felt the need to press on. Into this chance collection of climbers on that Himalayan slope an ethical dilemma arose in the guise of an unconscious, almost naked sadhu, an Indian holy man. Each climber gave the sadhu help but none made sure he would be safe. Should somebody have stopped to help the sadhu to safety? Would it have done any good? Was the group responsible? Since leaving the sadhu on the mountain slope, the author, who was one of the climbers, has pondered these issues. He sees many parallels for business people as they face ethical decisions at work.

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Illustration by Geoffrey Moss.

The parable of the sadhu

Bowen H. McCoy

Last year, as the first participant in the new six-month sabbatical program that Morgan Stanley has adopted, I enjoyed a rare opportunity to collect my thoughts as well as do some traveling. I spent the first three months in Nepal, walking 600 miles through 200 villages in the Himalayas and climbing some 120,000 vertical feet. On the trip my sole Western companion was an anthropologist who shed light on the cultural patterns of the villages we passed through.

During the Nepal hike, something occurred that has had a powerful impact on my thinking about corporate ethics. Although some might argue that the experience has no relevance to business, it was a situation in which a basic ethical dilemma suddenly intruded into the lives of a group of individuals. How the group responded I think holds a lesson for all organizations no matter how defined.

The sadhu

The Nepal experience was more rugged and adventurous than I had anticipated. Most commercial treks last two or three weeks and cover a quarter of the distance we traveled.

My friend Stephen, the anthropologist, and I were halfway through the 60-day Himalayan part of the trip when we reached the high point, an 18,000-foot pass over a crest that we’d have to traverse to reach the village of Muklinath, an ancient holy place for pilgrims.

Six years earlier I had suffered pulmonary edema, an acute form of altitude sickness, at 16,500 feet in the vicinity of Everest base camp, so we were understandably concerned about what would
happen at 18,000 feet. Moreover, the Himalayas were having their wettest spring in 20 years; hip-deep powder and ice had already driven us off one ridge. If we failed to cross the pass, I feared that the last half of our “once in a lifetime” trip would be ruined.

The night before we would try the pass, we camped at a hut at 14,500 feet. In the photos taken at that camp, my face appears wan. The last village we’d passed through was a sturdy two-day walk below us, and I was tired.

During the late afternoon, four backpackers from New Zealand joined us, and we spent most of the night awake, anticipating the climb. Below we could see the fires of two other parties, which turned out to be two Swiss couples and a Japanese hiking club.

To get over the steep part of the climb before the sun melted the steps cut in the ice, we departed at 3:30 A.M. The New Zealanders left first, followed by Stephen and myself, our porters and Sherpas, and then the Swiss. The Japanese lingered in their camp. The sky was clear, and we were confident that no spring storm would erupt that day to close the pass.

At 15,500 feet, it looked to me as if Stephen were shuffling and staggering a bit, which are symptoms of altitude sickness. (The initial stage of altitude sickness brings a headache and nausea. As the condition worsens, a climber may encounter difficult breathing, disorientation, aphasia, and paralysis.) I felt strong, my adrenaline was flowing, but I was very concerned about my ultimate ability to get across. A couple of our porters were also suffering from the height, and Pasang, our Sherpa sirdar [leader], was worried.

Just after daybreak, while we rested at 15,500 feet, one of the New Zealanders, who had gone ahead, came staggering down toward us with a body slung across his shoulders. He dumped the almost naked, barefoot body of an Indian holy man—a sadhu—at my feet. He had found the pilgrim lying on the ice, shivering and suffering from hypothermia. I cradled the sadhu’s head and laid him out on the rocks. The New Zealander was angry. He wanted to get across the pass before the bright sun melted the snow. He said, “Look, I’ve done what I can. You have porters and Sherpa guides. You care for him. We’re going on!” He turned and went back up the mountain to join his friends.

I took a carotid pulse and found that the sadhu was still alive. We figured he had probably visited the holy shrines at Muklnath and was on his way home. It was fruitless to question why he had chosen this desperately high route instead of the safe, heavily traveled caravan route through the Kali Gandaki gorge. Or why he was almost naked and with no shoes, or how long he had been lying in the pass. The answers weren’t going to solve our problem.

Stephen and the four Swiss began stripping off outer clothing and opening their packs. The sadhu was soon clothed from head to foot. He was not able to walk, but he was very much alive. I looked down the mountain and spotted below the Japanese climbers marching up with a horse.

Without a great deal of thought, I told Stephen and Pasang that I was concerned about withstanding the heights to come and wanted to get over the pass. I took off after several of our porters who had gone ahead.

On the steep part of the ascent where, if the ice steps had given way, I would have slid down about 3,000 feet, I felt vertigo. I stopped for a breather, allowing the Swiss to catch up with me. I inquired about the sadhu and Stephen. They said that the sadhu was fine and that Stephen was just behind. I set off again for the summit.

Stephen arrived at the summit an hour after I did. Still exhilarated by victory, I ran down the snow slope to congratulate him. He was suffering from altitude sickness, walking 15 steps, then stopping, walking 15 steps, then stopping. Pasang accompanied him all the way up. When I reached them, Stephen glared at me and said: “How do you feel about contributing to the death of a fellow man?”

I did not fully comprehend what he meant.

“Is the sadhu dead?” I inquired.

“No,” replied Stephen, “but he surely will be!”

After I had gone, and the Swiss had departed not long after, Stephen had remained with the sadhu. When the Japanese had arrived, Stephen had asked to use their horse to transport the sadhu down to the hut. They had refused. He had then asked Pasang to have a group of our porters carry the sadhu. Pasang had resisted the idea, saying that the porters would have to exert all their energy to get themselves over the pass. He had thought they could not carry a man down 1,000 feet to the hut, reclimb the slope, and get across safely before the snow melted. Pasang had pressed Stephen not to delay any longer.

The Sherpas had carried the sadhu down to a rock in the sun at about 15,000 feet and had pointed out the hut another 500 feet below. The Japanese had given him food and drink. When they had last seen him he was listlessly throwing rocks at the Japanese party’s dog, which had frightened him.

We do not know if the sadhu lived or died.

For many of the following days and evenings Stephen and I discussed and debated our behavior toward the sadhu. Stephen is a committed Quaker with deep moral vision. He said, “I feel that what happened with the sadhu is a good example of the breakdown between the individual ethic and the corporate ethic. No one person was willing to assume ultimate responsibility for the sadhu. Each was willing to do his
bit just so long as it was not too inconvenient. When it
got to be a bother, everyone just passed the buck to
someone else and took off. Jesus was relevant to a more
individualistic stage of society, but how do we interpret
his teaching today in a world filled with large, imper-
sonal organizations and groups?"

I defended the larger group, saying,
"Look, we all cared. We all stopped and gave aid and
comfort. Everyone did his bit. The New Zealander car-
ried him down below the snow line. I took his pulse
and suggested we treat him for hypothermia. You and
the Swiss gave him clothing and got him warmed up.
The Japanese gave him food and water. The Sherpas
carried him down to the sun and pointed out the easy
trail toward the hut. He was well enough to throw
rocks at a dog. What more could we do?"

"You have just described the typical afflu-
ent Westerner's response to a problem. Throwing
money - in this case food and sweaters - at it, but not
solving the fundamentals!" Stephen retorted.

"What would satisfy you?" I said. "Here
we are, a group of New Zealanders, Swiss, Americans,
and Japanese who have never met before and who are
at the apex of one of the most powerful experiences
of our lives. Some years the pass is so bad no one gets over
it. What right does an almost naked pilgrim who
chooses the wrong trail have to disrupt our lives? Even
the Sherpas had no interest in risking the trip to help
him beyond a certain point."

Stephen calmly rebutted, "I wonder
what the Sherpas would have done if the sadhu had
been a well-dressed Nepali, or what the Japanese
would have done if the sadhu had been a well-dressed
Asian, or what you would have done, Buzz, if the sadhu
had been a well-dressed Western woman?"

"Where, in your opinion," I asked instead,
"is the limit of our responsibility in a situation like
this? We had our own well-being to worry about. Our
Sherpa guides were unwilling to jeopardize us or the
porters for the sadhu. No one else on the mountain
was willing to commit himself beyond certain self-
imposed limits."

Stephen said, "As individual Christians
or people with a Western ethical tradition, we can ful-
cfill our obligations in such a situation only if [1]
the sadhu dies in our care, [2] the sadhu demonstrates to us
that he could undertake the two-day walk down to the
village, or [3] we carry the sadhu for two days down
to the village and convince someone there to care
for him."

"Leaving the sadhu in the sun with food
and clothing, while he demonstrated hand-eye coordi-
nation by throwing a rock at a dog, comes close to ful-
filling items one and two," I answered. "And it
wouldn't have made sense to take him to the village
where the people appeared to be far less caring than the
Sherpas, so the third condition is impractical. Are you
really saying that, no matter what the implications, we
should, at the drop of a hat, have changed our entire
plan?"

The individual vs.
the group ethic

Despite my arguments, I felt and con-
tinue to feel guilt about the sadhu. I had literally
walked through a classic moral dilemma without fully
thinking through the consequences. My excuses for
my actions include a high adrenaline flow, a super-
ordinate goal, and a once-in-a-lifetime opportunity -
factors in the usual corporate situation, especially
when one is under stress.

Real moral dilemmas are ambiguous,
and many of us hike right through them, unaware that
they exist. When, usually after the fact, someone
makes an issue of them, we tend to resent his or her
bringing it up. Often, when the full import of what we
have done (or not done) falls on us, we dig into a de-
defensive position from which it is very difficult to emerge.
In rare circumstances we may contemplate what we
have done from inside a prison.

Had we mountaineers been free of physi-
cal and mental stress caused by the effort and the high
altitude, we might have treated the sadhu differently.
Yet isn't stress the real test of personal and corporate
values? The instant decisions executives make under
pressure reveal the most about personal and corporate
character.

Among the many questions that occur
to me when pondering my experience are: What are
the practical limits of moral imagination and vision?
Is there a collective or institutional ethic beyond the
ethics of the individual? At what level of effort or
commitment can one discharge one's ethical
responsibilities?

Not every ethical dilemma has a right
solution. Reasonable people often disagree; otherwise
there would be no dilemma. In a business context,
however, it is essential that managers agree on a pro-
cess for dealing with dilemmas.

The sadhu experience offers an interest-
ing parallel to business situations. An immediate
response was mandatory. Failure to act was a decision
in itself. Up on the mountain we could not resign and
submit our résumés to a headhunter. In contrast to
philosophy business involves action and implementa-
tion - getting things done. Managers must come
up with answers to problems based on what they see
and what they allow to influence their decision-
making processes. On the mountain, none of us but
Stephen realized the true dimensions of the situation we were facing.

One of our problems was that as a group we had no process for developing a consensus. We had no sense of purpose or plan. The difficulties of dealing with the sadhu were so complex that no one person could handle it. Because it did not have a set of preconditions that could guide its action to an acceptable resolution, the group reacted instinctively as individuals. The cross-cultural nature of the group added a further layer of complexity. We had no leader with whom we could all identify and in whose purpose we believed. Only Stephen was willing to take charge, but he could not gain adequate support to care for the sadhu.

Some organizations do have a value system that transcends the personal values of the managers. Such values, which go beyond profitability, are usually revealed when the organization is under stress. People throughout the organization generally accept its values, which, because they are not presented as a rigid list of commandments, may be somewhat ambiguous. The stories people tell, rather than printed materials, transmit these conceptions of what is proper behavior.

For 20 years I have been exposed at senior levels to a variety of corporations and organizations. It is amazing how quickly an outsider can sense the tone and style of an organization and the degree of tolerated openness and freedom to challenge management.

Organizations that do not have a heritage of mutually accepted, shared values tend to become unhinged during stress, with each individual bailing out for himself. In the great takeover battles we have witnessed during past years, companies that had strong cultures drew the wagons around them and fought it out, while other companies saw executives supported by their golden parachutes, bail out of the struggles.

Because corporations and their members are interdependent, for the corporation to be strong the members need to share a preconceived notion of what is correct behavior, a “business ethic,” and think of it as a positive force, not a constraint.

As an investment banker I am continually warned by well-meaning lawyers, clients, and associates to be wary of conflicts of interest. Yet if I were to run away from every difficult situation, I wouldn’t be an effective investment banker. I have to feel my way through conflicts. An effective manager can’t run from risk either, he or she has to confront and deal with risk. To feel “safe” in doing this, managers need the guidelines of an agreed-on process and set of values within the organization.

After my three months in Nepal, I spent three months as an executive-in-residence at both Stanford Business School and the Center for Ethics and Social Policy at the Graduate Theological Union at Berkeley. These six months away from my job gave me time to assimilate 20 years of business experience. My thoughts turned often to the meaning of the leadership role in any large organization. Students at the seminary thought of themselves as antibusiness. But when I questioned them they agreed that they distrusted all large organizations, including the church. They perceived all large organizations as impersonal and opposed to individual values and needs. Yet we all know of organizations where peoples’ values and beliefs are respected and their expressions encouraged. What makes the difference? Can we identify the difference and, as a result, manage more effectively?

The word “ethics” turns off many and confuses more. Yet the notions of shared values and an agreed-on process for dealing with adversity and change—what many people mean when they talk about corporate culture—seem to be at the heart of the ethical issue. People who are in touch with their own core beliefs and the beliefs of others and are sustained by them can be more comfortable living on the cutting edge. At times, taking a tough line or a decisive stand in a muddle of ambiguity is the only ethical thing to do. If a manager is indecisive and spends time trying to figure out the “good” thing to do, the enterprise may be lost.

Business ethics, then, has to do with the authenticity and integrity of the enterprise. To be ethical is to follow the business as well as the cultural goals of the corporation, its owners, its employees, and its customers. Those who cannot serve the corporate vision are not authentic business people and, therefore, are not ethical in the business sense.

At this stage of my own business experience I have a strong interest in organizational behavior. Sociologists are keenly studying what they call corporate stories, legends, and heroes as a way organizations have of transmitting the value system. Corporations such as Arco have even hired consultants to perform an audit of their corporate culture. In a company, the leader is the person who understands, interprets, and manages the corporate value system. Effective managers are then action-oriented people who resolve conflict, are tolerant of ambiguity, stress, and change, and have a strong sense of purpose for themselves and their organizations.

If all this is true, I wonder about the role of the professional manager who moves from company to company. How can he or she quickly absorb the values and culture of different organizations? Or is there, indeed, an art of management that is totally transportable? Assuming such fungible managers do exist, is it proper for them to manipulate the values of others?

What would have happened had Stephen and I carried the sadhu for two days back to the village and become involved with the villagers in
his care? In four trips to Nepal my most interesting experiences occurred in 1975 when I lived in a Sherpa home in the Khumbu for five days recovering from altitude sickness. The high point of Stephen's trip was an invitation to participate in a family funeral ceremony in Manang. Neither experience had to do with climbing the high passes of the Himalayas. Why were we so reluctant to try the lower path, the ambiguous trail? Perhaps because we did not have a leader who could reveal the greater purpose of the trip to us.

Why didn't Stephen with his moral vision opt to take the sadhu under his personal care? The answer is because, in part, Stephen was hard-stressed physically himself, and because, in part, without some support system that involved our involuntary and episodic community on the mountain, it was beyond his individual capacity to do so.

I see the current interest in corporate culture and corporate value systems as a positive response to Stephen's pessimism about the decline of the role of the individual in large organizations. Individuals who operate from a thoughtful set of personal values provide the foundation for a corporate culture. A corporate tradition that encourages freedom of inquiry, supports personal values, and reinforces a focused sense of direction can fulfill the need for individuality along with the prosperity and success of the group. Without such corporate support, the individual is lost.

That is the lesson of the sadhu. In a complex corporate situation, the individual requires and deserves the support of the group. If people cannot find such support from their organization, they don't know how to act. If such support is forthcoming, a person has a stake in the success of the group, and can add much to the process of establishing and maintaining a corporate culture. It is management's challenge to be sensitive to individual needs, to shape them, and to direct and focus them for the benefit of the group as a whole.

For each of us the sadhu lives. Should we stop what we are doing and comfort him, or should we keep trudging up toward the high pass? Should I pause to help the derelict I pass on the street each night as I walk by the Yale Club en route to Grand Central Station? Am I his brother? What is the nature of our responsibility if we consider ourselves to be ethical persons? Perhaps it is to change the values of the group so that it can, with all its resources, take the other road.