

# A Journey Through The Forest

## Developing HR leaders to guide the leaders

8-9-10 June 2011

« GOING DEEP – TO WORK BETTER TOGETHER »



Into  
the wild



through the Fontainebleau forest

## Intimate Conversations for you and Beyond

The purpose of this journey is to prepare you to guide your Company's leaders in their own journey.

We will take the time for you to go deep in who you are and who you want to become: we want your own journey to become the primary source of your excellence towards others'.

We will dream, reflect, share ideas and visions to be ourselves, for us and for others: to work better together.

The plan for the journey

### Day 1:

Anchoring in the past, dreaming the future: being with integrity.

### Day 2:

Giving to others, protecting ourselves and trusting the unknown: becoming together.

### ½ Day 3:

Integration towards my role as HR leader

Experiences in nature combined with cutting edge leadership development approaches and discussion are an effective way to help us realize how much we are part of nature. We also experience that our own accomplishment depends on looking after each other and the environment. Our nature can be a surprising and distinctive teacher...

# Preparation for the Journey

**Bring a notebook, an open mind, an open heart and a pair of good shoes!\***

The journey is experiential, with exercises allowing one to move along your own path, in a way that corresponds to where you are at that particular moment. Thanks to the art of conversation, the group is a fundamental aspect of the experience.

It provides support, reinforces the individual work and help to sustain the impact of the program after re-entry.

\*and sun-cream too!

**In order to also prepare yourself mentally, do the following:**

Take 15 minutes of your time that you spend in a place where you feel safe and comfortable.

Remembering people, places or experiences of your past, connect with who you were before becoming who you are now and ask to yourself, "What were my dreams?". Write down a few private words about them.



What do you see?



Choosing how we look at things is one of our greatest power...  
...and an art of surprise.

Photos  
Frank Scherrer

*We hope you will benefit from the experience*

**Marc Le Menestrel & the Journey Team**